



Career Education in the Classroom

We help students draw parallels between their academic experience, the skills they gain at St. Mike's, and their possible career paths. We assist them in articulating those skills to promote themselves to employers and graduate programs. We help them explore careers, established or emerging, and how these careers align with their interests, skills, and values.

The foundation of what we do is encouraging students to: Be Curious, Get Experience, and Tell Your Story. Below is a **sampling** of workshop topics that the Boucher Career Education Center can provide in the classroom based on this foundation. These could range from 10 minutes to more than an hour depending on the topic and what makes sense in your course.

Reach out to us to talk through the possibilities of what we can do to support your students in the classroom.

Be Curious

- MBTI/TypeFocus assessment: Helping students understand their preferences in terms of communication, leadership, and preferred environment
- Exploring careers: Providing resources for students to explore careers in general as well as in specific disciplines
- Identifying who you are and pursuing opportunities to support your career identity

Get Experience

- Internships: Finding one and an overview of how to receive academic credit
- Graduate school: Searching programs, making the decision, and the steps to apply
- Job shadowing: How to set it up and make it a successful experience
- Networking: Identifying your network, contacting people, conducting a successful interaction, and following up
- Academic and co-curricular experiences: How to capitalize on your classroom and co-curricular experiences at St. Mike's
- Goal setting: Where are you headed in your career path and what skills do you have and what skills do you need to accomplish your goals

Tell Your Story

- Résumés and cover letters: Developing professional documents that best market your skills and experience

The Henry "Bud" Boucher, Jr. '69

CAREER EDUCATION CENTER



- Professional profiles: Create or update your professional profiles on LinkedIn, Handshake and other sites to capitalize on your skills and experience
- Portfolios or professional websites: What should be included to promote your past work, academic, and co-curricular experiences
- Interviewing: Learn how to succeed in professional interviews for graduate school or jobs
- Career Readiness Competencies: What skills are employers looking for in successful candidates and how to demonstrate those skills
- Job Searching: Applying for positions that align with your skills, interests, and background